



What is IDD?

More than **500,000** Texans have **Intellectual and Developmental Disabilities (IDD)**.

Below are some examples of types of IDD:

- Autism spectrum disorder
- Down syndrome
- Cognitive disabilities
- Cerebral palsy

While over 500,000 Texans have IDD, **less than 62,000** Texans with IDD receive Medicaid Long-Term Services and Supports.

Where Does Texas Rank?

Texas consistently ranks **50th in the nation** for promoting independence for people with IDD.

Texas has the **fourth worst rate** of Medicaid Long-Term Services and Supports use in the country.

Funding for IDD services in Texas is **almost 50% less** than the national average.

Why is Medicaid Important?

Medicaid is a vital resource that can **help people with IDD live at home or in the community**. Services provided by Medicaid programs include:



- Behavioral support
- Housing assistance
- Personal attendants
- Speech, physical & occupational therapy
- Supported employment

When Are Texans Being Served?

- **Almost 140,000** Texans are waiting for comprehensive Medicaid waiver services
- **Over 105,000** have been on waiver interest lists for **over 5 years**
- Most will wait **over 10 years** for comprehensive waiver services

Barriers to Services

Texans with IDD face **significant barriers** in accessing Medicaid services and supports, including:

- Reimbursement rate cuts
- High demand for - and low supply of - community-based wavers
- Historical growth in the number of aging Texans with IDD
- Consolidation of Medicaid services

How Does Medicaid Help?

Access to Medicaid services and supports saves Texas money by lowering the likelihood that people with IDD will experience:

- Negative health outcomes
- Behavioral and psychiatric crises
- Unnecessary and expensive institutionalization